

September 2021

Southern Lehigh Middle School

Monday

Did you know?

There are more pop and classic songs with "September" in the title than any other month!

NO SCHOOL!
Labor Day Holiday!

Mickey's Pizza
Steamed Peas
Assorted Fresh or Canned Fruit
Choice of Milk

Popcorn Chicken
Dinner Roll
Baked Beans
Assorted Fresh or Canned Fruit
Choice of Milk

Mini Turkey Corn Dogs
Steamed Broccoli
Assorted Fresh or Canned Fruit
Choice of Milk

Tuesday

Cheese or Pepperoni
Big Daddy's Pizza
Steamed Green Beans
Assorted Fresh or Canned Fruit
Choice of Milk

Chicken Tenders
Dinner Roll
Steamed Carrots
Assorted Fresh or Canned Fruit
Choice of Milk

Mini Pancakes
2 Sausage Links
Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

Chicken Nuggets
Dinner Roll
Baked Beans
Assorted Fresh or Canned Fruit
Choice of Milk

Wednesday

Stuffed Crust Pizza
Steamed Broccoli
Assorted Fresh or Canned Fruit
Choice of Milk

Chicken Patty Sandwich
Steamed Broccoli
Assorted Fresh or Canned Fruit
Choice of Milk

Mini Eggo Waffles
2 Sausage Links
Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

Hot Ham & Cheese on Croissant
Steamed Carrots
Assorted Fresh or Canned Fruit
Choice of Milk

Bacon, Egg, & Cheese Bagel
Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

Thursday

Taco in a Bag
Seasoned Beans
Spanish Rice
Assorted Fresh or Canned Fruit
Choice of Milk

Bacon Cheeseburger
Baked Beans
Assorted Fresh or Canned Fruit
Choice of Milk

Chicken Turnover
Mashed Potatoes & Gravy
Steamed Corn
Dinner Roll
Assorted Fresh or Canned Fruit
Choice of Milk

Pierogies & Meatballs w/ Marinara
Steamed Broccoli
Assorted Fresh or Canned Fruit
Choice of Milk

French Bread Pizza
Tossed Salad w/ Choice of Dressing
Assorted Fresh or Canned Fruit
Choice of Milk

Friday

NO SCHOOL!
Labor Day Holiday!

Sausage, Egg, & Cheese Bagel
Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

Max Stix w/ Marinara
Tossed Salad w/ Choice of Dressing
Assorted Fresh or Canned Fruit
Choice of Milk

Personal Cheese Pizza
Steamed Green Beans
Assorted Fresh or Canned Fruit
Choice of Milk

Alternates

Grab 'n Go Salad (comes with dressing and dinner roll)
Hoagie or Wrap
Pizza Slice
PB & J Uncrustable

Not all items are available every day.

**All meals come with choice of fruit, vegetable, & milk*

**** Fresh vegetable sides are offered daily!! They can be taken along with the 5 meal components or in place of the vegetable of the day listed on the menu.**

Cafeteria News

Visit www.ezschoollpay.com to view your child's lunch account and make payments online!

*Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

Meal Price \$3.20
Salad Meal \$3.50
Grab 'n Go Salad Meal \$3.50

****Menu Subject to Change**

++This institution is an equal opportunity provider and employer.

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www.compass.state.pa.us